## **RiverWatch On-Site Safety Briefing**

Three topics • Three points each • Three minutes total

I'm a certified commercial raft guide and I'll be looking after your safety and well-being today. Before heading out on our river adventure, we have a few safety items to cover.

You don't need to be a good swimmer for this trip. However, there are all the usual risks associated with water activities at a swimming pool or beach, along with additional hazards because we are on moving water.

You'll need to understand three topics in this safety briefing:

1.	The Plan
	We'll be traveling by raft on the River.
	• The route is km between and, and along the way,
	we'll pass under bridges and likely make shoreline stops.
	<ul> <li>This is a Grade I river with at most, Class 1-2 rapids – this is the easiest paddling river possible.</li> </ul>
	• There will be toilets at, and the trip will finish at p.m.
2.	Hazards
	We're going to watch out for three river hazards today.
	<ul> <li>River Obstacles (Rocks) – bridge pillars and rocks</li> </ul>
	• Fallen Trees (Wood) – strainers below water and sweepers above water
	<ul> <li>Falling Overboard (Water) – not likely, but possible</li> </ul>
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3.	Response
	We're in the City ofall day. I carry a cell-phone for 911 calls, a first-aid kit, throw rope, and an emergency response plan. Our response for hazards will be:
	<ul> <li>River Obstacles – listen to my paddling commands; paddle as I ask and hard when we must</li> </ul>
	<ul> <li>Fallen Trees – listen to my paddling commands; paddle as I ask and hard when we must</li> <li>Falling Overboard</li> </ul>
	<ul> <li>We wear properly fitted lifejackets at all times, even during shoreline stops.</li> </ul>
	o If you go overboard, do not stand up – instead, use the defensive swim position
	like this demo.
	<ul> <li>Grab something (a raft rope; extended paddle; or thrown rescue rope)</li> </ul>

## **Questions?**

**Review –** What's the plan? What are the three hazards? Three responses?

**Medical Concerns** - Okay then, if anyone has a personal medical or water concern that I should know about, please speak to me in private before we begin the float trip.